

MEDICAL REPORT

OF

The Royal Lunatic Asylum

OF ABERDEEN,

FOR THE YEAR ENDING 31st DECEMBER,

1862.

ABERDEEN:

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1863.



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MEDICAL REPORT.

DURING the year there have been resident four hundred and ten patients, of whom eighty-eight were admitted since last Report. An equal number has, during the same period, been removed in various conditions, leaving three hundred and twenty-two persons in the house—the number being exactly the same at the termination of the year as at the beginning. The average number of residents has, however, been greater; having risen from three hundred and eighteen to three hundred and twenty-three. The applicants for admission have also been more confined to the district than was formerly the case, the proportion of patients from beyond the County being but small, although the number of private cases has been quite as large as before, amounting to about thirty per cent. of the whole.

Of the eighty-eight cases removed in various states, forty-eight have been discharged recovered, after periods of treatment varying from a month to nearly eight years, and have, with scarcely an exception, kept well since their enlargement. Most of them would have termin-

ated in incurable disorder but for the treatment of the Asylum ; and all of them proved fruitful sources of care to those interested in them, and many of them probably dangerous to the community. Twenty patients died, one of whom was at the age of eighty-seven, and four of upwards of seventy. There is nothing remarkable either in the amount or the causes of the mortality, the general health of the establishment having been ordinarily good, and without the interference of any disease of a contagious or epidemic nature, or the occurrence of any accidents of such importance as to deserve record.

The medical results of the year have their usual satisfactory nature, and it is believed may compare creditably with those of similar institutions of character. The separate though dependent parts of which the establishment consists, and the readiness with which the style of the building fortunately admits of re-adjustments and alterations, have hitherto enabled us to keep pace with all approved changes in the views of the management and treatment of the Insane in Asylums, and also to accommodate ourselves to exigencies as they occurred, with probably more ease and success than in most places of the sort. No hospital could allow of more complete and convenient supervision, with less of the objectionable want of homeliness which associates itself with institutions of such an extent ; nor, as now, in connexion with the Elmhill establishment, have within the same range, more complete adaptation to the varied requirements of the disease.

The left wing of this important part of the Asylum was opened by the transference of nine ladies with their

attendants on the 25th November, and of twelve gentlemen three days later to the west side. It is gratifying to be able to report that the building and remodelled grounds answer their intended purpose admirably, and seem to work very efficiently and successfully in connexion with the older establishment, of which they are in a proper sense but an extension. It is now intended to place all private patients at Elmhill who can afford rates of board from a guinea a-week upwards, and who are in conditions not unsuitably refractory for the place; and the arrangements are capable of being sufficiently varied to admit four or five different classes of such inmates.

Before the conclusion of the year, the Hospital was able to admit all the patients belonging to the district, and to receive the few cases which had been accommodated elsewhere.

The late modifications of the Lunacy Act have tended to make the pressure on Asylums for the admission of parochial cases rather less, and have, besides, introduced several desirable improvements in the previous legislation on the subject, leaving, however, I regret to say, untouched, the incumbrance of Reports, Returns, and Statistics of all kinds, with which the superintendence of an Asylum is so injudiciously burdened.

Appended will be found the usual Tables illustrating the condition and progress of the Institution, and copies of the Reports of the visiting Commissioners. And, in conclusion, I have but to add my grateful sense of the liberality and encouragement of the Committee of Man-

agement, of the interest taken by the visiting Managers in all suggestions laid before them ; and, in particular, the time and attention given by the Building and Ground Committees, to the many important and difficult matters demanding consideration previous to the occupation of the buildings at Elmhill, by which the responsibilities and anxieties of the Medical Superintendent's position have been lightened and lessened.

ROBERT JAMIESON, M.D.

APPENDIX.

No. I.

Extracts from Dr. Browne's Report of 22nd and 24th February, 1862.

* * * At this date, the inmates consist of 152 Males, and 167 Females. Of this number, 35 are acute cases, and these are the only persons regarded as curable. The same number are under treatment for mental ; but only 12 for bodily disease. Only one instance of congenital affection is recorded, but the class of intractable cases, or of those requiring special care, is swelled by the presence of 19 Epileptics, 11 Paralytics, and 35 of degraded tendencies. These tendencies are, however, effectively controlled by the practice of raising Patients so disposed during the night. Only two individuals require to sleep on stretchers at present. Nine Females were found in bed—in the majority of cases in consequence of illness or infirmity. On the Male side there was no one in bed nor in seclusion ; and although two individuals occupied the Hospital Ward, their position was due to their mental condition. Of the general population in the enjoyment of bodily health, and free from marked excitement, 76 Males and 89 Females attend worship, which is performed daily in the Chapel ; 38 Males and 60 Females attend such amusements as are provided in the House ; and five have the privilege of going into Aberdeen for a similar purpose.

On Saturday, 47 Men and 100 Women were employed usefully ; 37 Men and 57 Women for their own amusement ; and while 39 of the one sex, and 1 of the other had access to the general grounds, the gross number of 262 were confined to the airing yards. Two individuals had walked beyond the precincts.

Only three persons were habited in canvas dresses, a fact which indicates the gradual disappearance of this objectionable arrangement, and is due rather to the more intelligent discharge of their duty by the attendants, than to any change in the character of the malady.

A most careful examination of every part of the House satisfied the Reporter of the scrupulous cleanliness and order prevailing. One

room only * * * appeared to require better ventilation. Five apartments on the Male side of the House have been greatly improved by boarding the walls, substituting wooden for stone floors, &c. ; and it is desirable that these alterations could be more generally introduced.

Every patient was conversed with or seen ; special interviews were granted to seven. Upon the whole, the dress and personal cleanliness of all, with such exceptions as * * and * * were satisfactory ; the deportment was tranquil and orderly ; and no complaints, nor valid grounds for complaint, were tendered. The general impression produced was but a confirmation of convictions formerly expressed, that the management of the Institution is conducted in a humane and enlightened spirit ; that great care and active superintendence is extended to every department ; and that after the restoration to reason, the kind and judicious treatment of the inmates is the first consideration.

At the same time, there exist several details which admit of improvement ; and as the new Establishment at Elmhill is expected to be ready for receiving inmates in the month of June, when great changes will be unavoidable in the internal arrangements of the main Building, this appears an appropriate occasion for introducing the subject.

I.—The benefits secured by the removal of the walls on the east and west side of the approach, by the addition of the field beyond the Medical Superintendent's former house to the general grounds, are already such as to suggest the abolition of all airing yards in front of the House ; and this is recommended upon the principles of salubrity and the moral effect upon the inmates.

II.—Such a measure would render necessary—what is recommended, whether the preliminary step be taken or not—the reconstruction of the Laundry, so as to render it in keeping with what this great Institution already is, and what it is destined to become ; the provision of suitable Drying-greens ; and the separation of the *whole* from the other parts of the Asylum.

III.—At present several of the Female Patients dig and burrow in the earth, which forms the floor of the verandahs in several of the airing yards on the Female side. Pavement, asphalte, slag, or any hard, dry compound would be preferable.

IV.—The privies in the airing yards are still objectional, both in structure and position ; but this is especially so on the Female side.
* * *

V.—There appears likewise to be an insufficient supply of lavatories, and of any means by which the slops can be discharged, especially in the upper galleries where the paupers are placed. Wash-stands liberally introduced might meet the one defect to a certain extent.

VI.—At present the Christmas Ball and a weekly Music Class appear to be the only social amusements provided. The state of transition in which the community now is will account for such a temporary disproportion of these means of treatment to the others in operation ; but the assistance of an efficient staff, and the proximity of a large city, place so many resources at disposal as to encourage the expectation that they will ultimately be increased.

The Books, Registers, and Sheriff's orders were examined. Of 936 visits to Males, 10 had been paid by Inspectors of Poor. 43 applications had been refused upon the grounds that the Patient was in bed, excited, recently admitted, &c. Of 648 visits to Females, two were paid by Inspectors of Poor, and 21 applications had been refused upon grounds similar to those stated above. The shower-bath has been used upon ten occasions : seclusion resorted to six times.

No. II.

Extracts from Dr. Coxe's Report of 5th August, 1862.

Since the last inspection in February, the following changes have taken place in the number of Patients :—

	Males.		Females.		Private.		Pauper.		Total.
Admitted,.....	21	...	25	...	12	...	34	...	46
Discharged,.....	14	...	22	...	13	...	23	...	35
Recovered,.....	10	...	15	...	6	...	19	...	25
Not Recovered,.....	4	...	7	...	4	...	7	...	11
Died,.....	5	...	3	...	1	...	7	...	8

Of the Patients admitted, 9 have already been discharged recovered, 1 not recovered, and 1 has died. Of the deaths, 1 was ascribed to Bronchitis, 1 to Epilepsy, 1 to Exhaustion, 1 to Pulmonary Gangrene, 2 to Paralysis, 1 to Erysipelas, and 1 to Cardiac Disease. The average age at death was 41 years ; and of the fatal cases, 2 were admitted in 1862, 2 in 1861, and 1 in 1860, and 3 in previous years. The numbers resident on 28th July, were 323—comprising 154 Males, and 169 Females—of whom there were,

	Males.		Females.	
Considered Curable,.....	23	...	24	
Under special treatment for Mental Affection,.....	23	...	24	
for Bodily Ailment,.....	1	...	5	
Epileptic,.....	16	...	5	
* * * * * *	*	*	*	*
Attending Chapel in Asylum,.....	87	...	109	

On 1st August, there were—

	Males.	Females.
Occupied industrially,.....	59	... 103
„ for amusement,.....	35	... 56
Confined to Airing Courts,.....	79	... 145
Taking exercise under supervision in General Grounds,	63	... 10
„ „ beyond Asylum,.....	3	... 0
„ on parole in General Grounds,.....	8	... 0

The number of Female Patients taking exercise in the General Grounds is on some days considerably greater than is here stated, amounting occasionally to 30 or more ; but, as a general rule, the number, both of Males and Females taking such exercise, is much within the limit which might be beneficially attained. The numbers going beyond the bounds of the Asylum might also be advantageously extended. In all Asylums of some standing, the number of fatuous and demented Patients must of necessity be considerable ; and in these, when left to themselves, there exists a strong tendency to sink into slovenly, if not degraded habits, which it is most important to counteract by persevering efforts directed to stimulate the remaining mental powers. Hence the great utility, in such cases, of industrial occupations, of extended exercise beyond the premises, and of objects of interest—such as pet animals, flowers, &c. Such influences gradually raise the tone of the nervous system, and reduce the number of Patients whom it is necessary to restrict to airing-court exercise to a mere fraction. The Commissioner feels called on to express his views on these points, although aware of the difficulty of acting on them in the present transition state of the Establishment, and satisfied that the subject has not escaped the attention of the Medical Superintendent. * * * In the general condition of the Asylum, progressive improvement has again to be noted. In the Lower Gallery, painting and papering are being gradually proceeded with ; and the Passages near the Kitchen are being lined with wood. A large new cistern has been provided, and a Steam-engine is being fitted up, to furnish an increased supply of water. The means of cleanliness in the Lower Galleries are, however, still deficient ; and the Privies in the Airing Courts remain as formerly described. The Commissioner, however, fully recognizes the impossibility of undertaking everything at once. The new Asylum is now finished, and will be immediately furnished. In all its arrangements, effect has been given to the most advanced views of treatment ; and the accommodation which it affords is of a very superior description, extremely cheerful, and well adapted for Patients belonging to the upper classes of society. When opened, it will probably be found necessary to increase the Washing-house and Laundry accommodation ; and in reference to this subject, Dr. BROWNE's remarks, in last entry, are worthy of consideration. The grounds of both Houses are new, and connected and intersected by extensive walks, very judiciously

laid out, affording greatly increased means of exercise within the Asylum grounds. The Patients, in both the Male and Female departments, were quiet, and free from excitement. No one was in seclusion; and in reference to the register, it appears that seclusion has been had recourse to on only one occasion since last inspection, for a period of 11 hours. The shower bath has been used as a means of discipline in 7 cases of Males and 2 of Females, for about a minute at a time, and generally for attempts at escape, assaults, or the use of foul language. With a few exceptions among the demented cases, the Patients were clean in person and orderly in dress; and their physical aspect gave every indication of an abundant and appropriate diet. In the manner of serving the meals of the Parochial Patients, and of those paying the lower private rates, an improvement would be effected by the introduction of knives and forks, and the more extended use of earthenware dishes. The clothing and bedding were in good condition, and the latter in every instance thoroughly clean. The Day-rooms and associated Dormitories were well ventilated and free from offensive smells; but in one or two of the single rooms, which were occupied by infirm Patients, the air was close and oppressive. The separate houses continue to afford accommodation of a pleasing kind, and have more of a domestic character than the main Asylum. The Registers were found kept with much care and accuracy. That of Visitors contains about 1300 entries since last inspection. In about 50 instances admission was refused to friends, generally from the condition of the Patient, rendering visits undesirable, and occasionally from disinclination of the Patient to receive them. Sheriff's orders for all the recent admissions were produced. The Commissioner has again to express the gratification which the great and steady progress of the Asylum has afforded him.

TABLES.

TABLE I.

GENERAL RESULTS OF THE YEAR.

	Males.		Females.		Total.
Patients in the Asylum, 1st January, 1862,.....	154	...	168	...	322
Admitted during the year,.....	42	...	46	...	88
Under care and treatment during the year,...	196	...	214	...	410
<i>Removed during the year :—</i>					
	Males.		Females.		Total.
Recovered,.....	22	...	26	...	48
Relieved,.....	6	...	8	...	14
Unimproved,.....	2	...	4	...	6
Dead,.....	12	...	8	...	20
	42	...	46	...	88
Remaining in the Asylum, 31st Dec. 1862,.....	154	...	168	...	322

TABLE II.

RELATIVE NUMBER OF PRIVATE AND PAROCHIAL CASES.

	Males.	Fem.	Total.	Males.	Fem.	Total.
Private cases in Asylum, 1st						
January, 1862,.....	48	...	43	...	91	
Do. admitted during the year, 13	...	17	...	30		
Total of Private cases during the year,	61	...	60	...	121	
Parochial cases in Asylum, 1st						
January, 1862,.....	106	...	125	...	231	
Do. admitted during the year, 29	...	29	...	58		
Total of Parochial cases during the year,.....	135	...	154	...	289	
Total number of cases,.....	196	...	214	...	410	
Private cases removed during						
the year,.....	10	...	19	...	29	
Parochial cases do. do.	32	...	27	...	59	
Total number of cases removed during year,	42	...	46	...	88	
Private cases remaining, 1st						
January, 1863,.....	51	...	41	...	92	
Parochial cases do. do.	103	...	127	...	230	
Total number of cases remaining,.....	154	...	168	...	322	

TABLE III.

AGE OF PATIENTS ADMITTED.

	Males.		Females.		Total.
From 10 to 20,	5	5	10
„ 20 „ 30,	10	10	20
„ 30 „ 40,	10	10	20
„ 40 „ 50,	7	7	14
„ 50 „ 60,	7	5	12
„ 60 „ 70,	3	6	9
„ 70 „ 80,	0	3	3
	<hr/> 42	<hr/> 46	<hr/> 88

TABLE IV.

CLASSIFICATION OF ADMISSIONS RELATIVE TO PLACES OF RESIDENCE.

	Males.		Females.		Total.
From Aberdeen and Suburbs,.....	22	25	47
From Aberdeenshire,	19	19	38
From more distant localities,.....	1	2	3
	<hr/> 42	<hr/> 46	<hr/> 88

TABLE V.

SOCIAL CONDITION OF PATIENTS ADMITTED.

	Males.		Females.		Total.
Single,	18	24	42
Married,	23	15	38
Widowed,	1	7	8
	<hr/> 42	<hr/> 46	<hr/> 88

TABLE VI.

COMPLICATION OF CASES ADMITTED WITH DISEASED IMPULSE.

	Males.		Females.		Total.
Suicidal Impulse, with Mania, ..	0	...	2	...	2
Suicidal Impulse, with Melancholia,	0	...	2	...	2
Suicidal & Homicidal Impulses, with Melancholia, ..	3	...	2	...	5
	<hr/> 3	...	<hr/> 6	...	<hr/> 9

TABLE VII.

OCCUPATION OR STATION IN LIFE OF PATIENTS ADMITTED.

MALES.

Baker,	1	Merchants, ..	2
Brass-finisher,	1	No occupation,	5
Butchers,	2	Piano-tuner,	1
Clerk,	1	Saw-trimmer,	1
Corkcutter,	1	Shipmaster,	1
Crofters,	2	Shoemakers,	3
Farmer,	1	Shopman,	1
Farmers' sons,	2	Slater,	1
Farm Servants and Labourers, ..	7	Soldier,	1
House Carpenter,	1	Tailor,	1
Ironmonger,	1	Teacher,	1
Lawyers,	2	Weaver,	1
Mechanician,	1		

FEMALES.

Confectioner,	1	Widow of Schoolmaster,	1
Daughters of Farmers,	3	Widow of Weaver,	1
Daughter of Soldier,	1	Wife of Crofter,	1
Domestic Servants,	4	Wife of Farmer,	1
Dressmaker,	1	Wife of Farm Servant,	1
Hawker,	1	Wife of Ironfounder,	1
Lady's Maid,	1	Wife of Joiner,	1
No occupation,	15	Wife of Labourer,	1
Postmistress,	1	Wife of Mason,	1
Servant,	1	Wife of Physician,	1
Shopkeeper,	1	Wife of Plumber,	1
Sick Nurse,	1	Wives of Weavers,	2
Washers,	2		

TABLE VIII.

NATURE OF CAUSES ASSIGNED.

Cause assignable, in	about 63·63 per cent.		
Hereditary predisposition, in	„	29·55	„
Moral cause, in	„	10·22	„
Physical cause, in	„	29·55	„
Moral and Physical causes combined, in	„	3·40	„
Previous attack, in	„	15·90	„

TABLE IX.

FORM OF INSANITY IN CASES ADMITTED.

	Males.		Females.		Total.
Amentia,	2	0	2
Dementia,	14	8	22
Mania,	13	19	32
Melancholia,	7	16	23
Monomania,	6	3	9
	<hr/> 42	<hr/> 46	<hr/> 88

TABLE X.

COMPLICATION OF CASES ADMITTED WITH NERVOUS DISEASE.

	Males.		Females.		Total.
Epilepsy, with Mania,	1	1	2
Hypochondriasis, with Monomania,	0	1	1
Hysteria, with Mania,	0	1	1
Paralysis (general), with Dementia,	5	0	5
Paralysis (general), with Mania,	1	0	1
Paralysis (arm), with Dementia,	0	1	1
Paralysis (Hemiplegia), with Mania, ...	0	1	1
	<hr/> 7	<hr/> 5	<hr/> 12

TABLE XI.

CASES ADMITTED SUPPOSED ATTRIBUTABLE TO MORAL CAUSE.

No.	EXCITING CAUSE.	SEX.	AGE.	FORM OF DISEASE.
1	Death of Brother, . . .	F.	24	Mania (Hysterical.)
2	Death of Mother, . . .	F.	40	Melancholia.
3	Devotional Excitement, . . .	M.	36	Monomania.
4	Devotional Excitement, . . .	M.	24	Mania.
5	Devotional Excitement, . . .	F.	39	Mania.
6	Devotional Excitement, . . .	F.	21	Mania (suicidal.)
7	Disappointment in business, . . .	M.	41	Melancholia.
8	Disappointment in love, . . .	F.	18	Melancholia.
9	Pecuniary loss,	F.	40	Melancholia.

TABLE XII.

CASES ADMITTED ATTRIBUTED TO COMBINED MORAL AND
PHYSICAL CAUSES.

No.	MORAL CAUSE.	PHYSICAL CAUSE.	SEX.	AGE.	FORM OF DISORDER.
1	Death of Relative, .	Hereditary,	M.	22	Melancholia.
2	False accusation of theft,	Hereditary,	M.	42	Dementia.
3	Fright, . . .	Hereditary,	M.	21	Dementia.

TABLE XIII.

CASES ADMITTED ATTRIBUTED TO PHYSICAL EXCITING CAUSE.

No.	CAUSE.	SEX.	AGE.	FORM OF DISEASE.
1	Age, . . .	F.	80	Dementia.
2	Change of Life, .	F.	48	Mania.
3	Change of Life, .	F.	46	Mania.
4	Change of Life, .	F.	41	Melancholia.
5	Childbirth, . .	F.	25	Mania.
6	Childbirth, . .	F.	26	Mania.
7	Childbirth, . .	F.	28	Melancholia.
8	Fever, . . .	F.	38	Monomania (Hypochon.)
9	Fever, . . .	F.	18	Mania (Suicidal.)
10	Fever, . . .	M.	16	Mania.
11	Fever, . . .	M.	18	Dementia.
12	Injury of Head, .	M.	59	Dementia.
13	Injury of Head, .	M.	35	Dementia.
14	Intemperance, . .	M.	45	Melancholia.
15	Intemperance, . .	M.	40	Mania.
16	Intemperance, . .	M.	30	Mania.
17	Intemperance, . .	M.	30	Monomania.
18	Mammary Abscess, .	F.	22	Mania.
19	Mercurialism, . .	F.	30	Dementia.
20	Miscarriage, . .	F.	31	Melancholia.
21	Nursing, . . .	F.	32	Mania.
22	Nursing, . . .	F.	31	Dementia.
23	Nursing, . . .	F.	25	Mania.
24	Sun Stroke, . .	M.	32	Dementia.

TABLE XIV.

CASES DISCHARGED RECOVERED.

No.	Sex.	Form of Mental Disorder.	Causes of Disorder.	Duration of Residence.			
				Y.	M.	W.	D.
1	M.	Dementia,.....	Hereditary,	10	1	1
2	F.	Dementia,.....	Devotional excitement,.....	...	9	3	...
3	M.	Mania,.....	Devotional excitement—hereditary,	1	...	4	...
4	M.	Mania,.....	Devotional excitement,.....	...	7	3	1
5	M.	Mania,.....	Fever,.....	...	4	1	4
6	M.	Mania,.....	Intemperance—hereditary,.....	...	2	1	5
7	M.	Mania,.....	Intemperance—pecun. disappointmt.	...	6	...	4
8	M.	Mania,.....	Intemperance,	7	8	...	4
9	M.	Mania,.....	Intemperance,	4	2	...
10	M.	Mania,.....	Intemperance,	4	1	5
11	M.	Mania,.....	Intemperance,	1	3	...
12	M.	Mania,.....	Hereditary,	4	...	1
13	M.	Mania,.....	Previous attacks—hereditary,	2	1	1	6
14	M.	Mania,.....	Previous attacks—hereditary,	5	...	6
15	M.	Mania,.....	1	...	2	4
16	M.	Mania,.....	6	1	2
17	M.	Mania,.....	5
18	F.	Mania,.....	Change of life—hereditary,	2	1	4
19	F.	Mania,.....	Childbirth,	1
20	F.	Mania,.....	Death of brother,.....	...	6
21	F.	Mania,.....	Devotional excitement,	5	3	2
22	F.	Mania (suicidal),.....	Fever,.....	...	3
23	F.	Mania,.....	Hereditary—previous attacks,.....	3	4	2	6
24	F.	Mania,.....	Hereditary,	3	...	2	4
25	F.	Mania,.....	Hereditary,	2	1	5
26	F.	Mania,.....	Intemperance,	8	1	3
27	F.	Mania,.....	Mammary Abscess,.....	...	5	...	6
28	F.	Mania,.....	8	3	5
29	F.	Mania,.....	9	2	4
30	F.	Mania,.....	4	2	...
31	F.	Mania,.....	3	...	4
32	F.	Mania,.....	1	3	6
33	M.	{ Melancholia, (ho-} { micidal & suicidal) }	Hereditary,	5	2	0
34	M.	Melancholia,.....	Loss of employment—hereditary,	1	3	...
35	M.	Melancholia (suicidal)	Loss of employment,	2	2	...
36	M.	Melancholia,.....	Intemperance—hereditary,	3	...	3
37	M.	Melancholia (suicidal)	8	3	3
38	F.	Melancholia,.....	Change of life—injury of head,.....	...	1	3	1
39	F.	Melancholia,.....	Childbirth,	7	...	4
40	F.	Melancholia,.....	Death of brother,.....	...	3
41	F.	Melancholia,.....	Hereditary,	2	2	1
42	F.	Melancholia,.....	4	...	4	1
43	F.	Melancholia,.....	7	...	6
44	F.	Melancholia,.....	2	...	3
45	M.	Monomania,.....	Intemperance,	2	3	3
46	F.	Monomania (hypoch.)	Change of life,.....	...	7
47	F.	Monomania,.....	Fever—domestic trouble—hereditary,	1	1	2	4
48	F.	Monomania,.....	2	1	2

TABLE XV.

DEATHS.

No.	Sex.	Age.	Form of Mental Disorder.	Causes.	Duration of Residence.				Cause of Death.
1	M.	60	Dementia,	Injury of Head,	y.	m.	w.	d.	General Paralysis.
2	M.	55	Dementia,	Hereditary,	9	6	2	2	Bronchitis.
3	M.	46	Dementia,	Misfortune in Business,	1	1	3	5	General Paralysis.
4	M.	44	Dementia,	0	3	1	4	General Paralysis.
5	M.	42	Dementia,	Hereditary,	2	4	1	2	General Paralysis.
6	M.	35	Dementia,	0	5	0	0	General Paralysis.
7	M.	28	Dementia,	1	3	3	6	Epilepsy.
8	M.	21	Dementia,	Fright—Hereditary,	0	1	2	1	Cerebral Disease.
9	F.	87	Dementia,	Hereditary,	25	8	0	4	Decay of Age.
10	F.	80	Dementia,	Age,	0	0	1	6	Diarrhoea.
11	F.	48	Dementia,	Nursing—Accident to Husband,	4	2	2	6	Exhaustion.
12	F.	46	Dementia,	Intemperance,	3	10	2	5	General Paralysis.
13	M.	75	Mania,	Previous attacks,	18	1	2	1	Bronchitis.
14	M.	42	Mania,	19	11	0	2	Epilepsy.
15	F.	62	Mania,	Previous attacks,	4	11	1	0	Pulmonary Gangrene.
16	M.	55	Melancholia,	Hereditary,	5	6	0	3	Cerebral Disease.
17	F.	55	Melancholia (Suicidal),	Hereditary,	1	3	2	5	Erysipelas.
18	F.	37	Melancholia,	Religious Excitement,	12	10	2	4	Phthisis.
19	M.	70	Monomania,	Hereditary,	21	6	1	1	Gradual Decay.
20	F.	74	Monomania,	Hereditary,	4	9	1	4	Cerebral Congestion.

TABLE XVI.

RESULTS, AT PRESENT DATE, OF ADMISSIONS OF LAST 62 YEARS.

Year.	Admitted.	Recovered.	Relieved, &c.	Dead.	Remaining 31st Dec. 1862.
1800-24	563	443		118	2
1825	52	23	19	9	1
1826	41	22	11	7	1
1827	36	15	13	7	1
1828	32	16	9	5	2
1829	46	16	18	11	1
1830	58	30	11	16	1
1831	33	13	7	12	1
1832	33	15	6	11	1
1833	42	19	14	9	0
1834	50	19	23	6	2
1835	42	22	8	10	2
1836	41	17	12	9	3
1837	43	17	11	14	1
1838	53	23	10	17	3
1839	74	32	18	19	5
1840	48	25	11	8	4
1841	56	21	16	15	4
1842	51	19	17	11	4
1843	71	35	19	15	2
1844	74	30	24	14	6
1845	93	45	24	19	5
1846	67	26	23	12	6
1847	95	43	25	21	6
1848	83	41	23	14	5
1849	81	36	22	14	9
1850	69	34	14	15	6
1851	85	37	24	13	11
1852	95	48	28	12	7
1853	107	48	25	26	8
1854	65	27	17	11	10
1855	61	34	11	6	10
1856	103	57	16	15	15
1857	84	32	18	16	18
1858	102	40	16	14	32
1859	84	28	17	13	26
1860	78	41	13	9	15
1861	104	45	18	6	35
1862	88	26	7	4	51
	3083	2178		583	322

TABLE XVII.

GENERAL RESULTS OF THE LAST 33 YEARS.

Year.	Mean Number Resi- dent.	Admitted.	Recovered.	Dead.	Recovered per cent. to Ad- missions.	Recovered per cent. to mean No. Resident.	Deaths per cent. to Admis- sions.	Deaths per cent. to mean No. Resident.
1830	102	59	27	8	45·77	26·57	13·56	7·84
1831	100	33	14	12	42·42	14·00	36·36	12·00
1832	106	33	15	10	45·45	14·15	30·30	9·43
1833	107	42	23	14	54·76	21·51	33·33	13·08
1834	114	50	16	6	32·00	14·91	12·00	5·26
1835	116	42	20	11	47·61	18·10	26·19	9·48
1836	109	41	24	5	58·53	22·02	12·19	4·59
1837	113	43	16	8	39·53	14·16	18·60	7·08
1838	124	53	20	14	37·73	16·13	26·41	11·29
1839	140	74	26	10	35·13	18·57	13·51	7·14
1840	144	48	25	19	52·08	17·36	39·58	13·19
1841	150	56	22	10	39·29	14·66	17·86	6·67
1842	152	51	26	11	50·98	17·10	21·57	7·24
1843	167	71	28	12	39·44	17·18	16·90	7·19
1844	183	74	30	7	40·54	16·39	9·46	3·83
1845	200	93	41	13	44·09	20·05	13·98	6·50
1846	213	67	29	12	43·28	13·14	17·91	5·63
1847	222	95	40	23	42·10	18·02	24·21	10·36
1848	229	82	47	17	57·31	20·52	20·73	7·42
1849	229	83	36	16	43·36	15·70	19·27	6·98
1850	230	69	32	17	46·37	13·91	24·91	7·39
1851	245	85	32	20	37·64	13·06	23·53	8·16
1852	263	95	42	18	44·21	15·97	18·94	6·84
1853	280	107	54	21	50·46	19·28	17·75	7·50
1854	281	65	39	19	60·00	13·87	29·23	6·75
1855	274	61	31	9	50·82	11·31	14·75	3·29
1856	291	103	44	20	42·72	15·12	19·41	6·87
1857	299	84	50	21	59·52	16·79	25·00	7·02
1858	295	102	39	15	38·23	13·22	14·70	5·08
1859	307	84	42	9	50·00	13·59	10·71	2·93
1860	308	72	32	22	41·02	10·39	28·29	7·14
1861	318	104	48	19	46·15	15·09	18·27	5·97
1862	323	88	48	20	54·54	14·86	22·74	6·19
Sum and Average of 33 years.	6734	2315	1058	468				
	204·06	70·15	32·06	14·18	45·65	15·71	20·21	6·95

TABLE XVIII.

ABSTRACT OF DAILY RETURNS, SHOWING DISTRIBUTION, &c. OF
PATIENTS REMAINING IN THE HOSPITAL.

	Males.	Females.	Total.
Number of Patients in the Asylum, Jan. 1, 1863,	154	169	323
" in Front House,	19	28	47
" in Back House,	51	43	94
" in East Wing,	70	70
" in West Wing,	58	..	58
" in Elmhill House,	12	8	20
" in Clarkseat House,	14	..	14
" in Barkmill House,	8	8
" in Gate Cottage,	12	12
Number of Patients Sick, January 1, 1863,	3	6	9
" Employed,	53	79	132
" Unemployed, except in ex- ercise or amusement,	101	90	191
" Attending Chapel,	87	101	188

TABLE XIX.

ARTICLES OF CLOTHING MADE AND REPAIRED, FROM JANUARY, 1862,
TO JANUARY, 1863.

	Made.	Repaired.		Made.	Repaired.
Aprons,	315	228	Neckerchiefs,	449	150
Bed Covers,	100	36	Petticoats,	666	778
Bed Gowns,	121	212	Pillow Slips,	253	270
Bed Ticks,	68	32	Pillow Ticks,	102	37
Blankets,	190	132	Quilts,	3	18
Bolster Slips,	278	210	Quilts (strong),	8	10
Bolster Ticks,	97	45	Shifts,	326	579
Caps,	243	256	Shirts,	76	664
Caps (night),	234	250	Sheets,	246	370
Carpets,	19	Stays,	16	23
Coats,	24	349	Stockings,	356	4700
Collars,	64	38	Table Cloths,	62	28
Drawers,	106	65	Table Covers,	2	..
Dresses (strong),	26	194	Towels,	256	52
Gowns,	269	350	Trousers,	43	554
Habit Shirts,	64	59	Waistcoats,	36	377
Jackets,	28	301	Wrappers,	32	48
Linders,	432	1355			

Royal Infirmary,

ABERDEEN, 8th June, 1863.

*At a Quarterly Court of the Managers held here
this day the Medical Report of the ROYAL LUNATIC
ASYLUM, for the Year ending 31st March, 1863, having
been read by Dr. JAMIESON, was approved, and ordered
to be printed and circulated, along with an Abstract of the
Income and Expenditure of the Institution prepared by
the Treasurer.*

(Signed) ROBERT WATSON, C.

ABSTRACT OF ACCOUNTS OF THE LUNATIC ASYLUM, ABERDEEN,

For the Year from 1st April, 1862, to 31st March, 1863.

INCOME.		EXPENDITURE.	
PROVISIONS—			
Meal and Sids,	£621 15 0	Meal and Sids,	£621 15 0
Bread and Barley,	468 1 6	Bread and Barley,	468 1 6
Butcher Meat,	921 19 0	Butcher Meat,	921 19 0
Butter and Cheese,	195 5 0	Butter and Cheese,	195 5 0
Table Beer,	124 14 0	Table Beer,	124 14 0
Tea and Sugar,	311 8 2	Tea and Sugar,	311 8 2
Milk,	602 18 0	Milk,	602 18 0
Small Necessaries,	692 0 0	Small Necessaries,	692 0 0
Wine, Spirits, and Porter,	119 1 2	Wine, Spirits, and Porter,	119 1 2
	£4,057 1 10		£4,057 1 10
Fire and Light—Coals, Gas, &c.	£469 8 4	Fire and Light—Coals, Gas, &c.	£469 8 4
Washing—Soap, &c.	71 8 0	Washing—Soap, &c.	71 8 0
MEDICAL SALARIES, &c.—		MEDICAL SALARIES, &c.—	
Medical Officers,	£510 0 0	Medical Officers,	£510 0 0
Medicines,	49 17 8	Medicines,	49 17 8
CHAPLAIN'S SALARY,		CHAPLAIN'S SALARY,	
HOUSE SERVANTS AND ATTENDANTS—		HOUSE SERVANTS AND ATTENDANTS—	
House Steward, £75; Matron, £70,	£145 0 0	House Steward, £75; Matron, £70,	£145 0 0
Attendants, House Tradesmen, & Servants' Wages,	811 0 6	Attendants, House Tradesmen, & Servants' Wages,	811 0 6
REPAIRS AND FURNISHINGS—		REPAIRS AND FURNISHINGS—	
Repairs and Additions to Furniture,	£118 2 8	Repairs and Additions to Furniture,	£118 2 8
" " to Buildings,	390 1 3	" " to Buildings,	390 1 3
" " to Bedding,	107 19 11	" " to Bedding,	107 19 11
Paupers' Clothing,	493 18 2	Paupers' Clothing,	493 18 2
Joiners' Account for Wages,	40 0 7	Joiners' Account for Wages,	40 0 7
	1,150 2 7		1,150 2 7
MANAGEMENT—		MANAGEMENT—	
Clerk and Treasurer's Salary,	130 0 0	Clerk and Treasurer's Salary,	130 0 0
Printing and Stationery,	£73 13 3	Printing and Stationery,	£73 13 3
Insurance and Public Taxes,	138 13 7	Insurance and Public Taxes,	138 13 7
Incidents,	60 19 8	Incidents,	60 19 8
Interest on Loans (£19,000),		Interest on Loans (£19,000),	
	273 6 6		273 6 6
	845 3 3		845 3 3
	£8,562 8 8		£8,562 8 8
	765 1 0		765 1 0
	£9,327 9 8		£9,327 9 8
Excess of Income over Expenditure,		Excess of Income over Expenditure,	